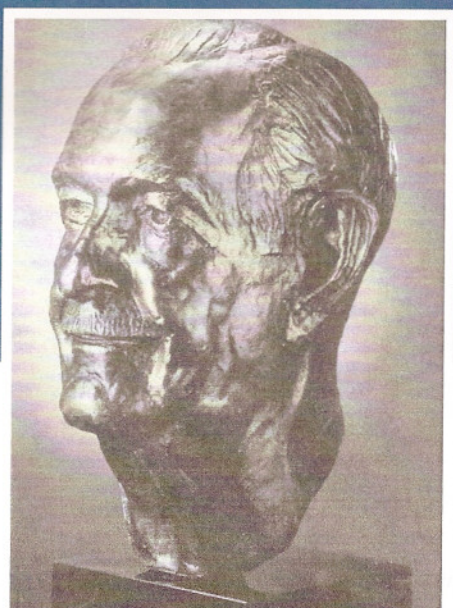




THE  
CHRISTOPHER D. SMITHERS  
FOUNDATION, INC.

ANNUAL REPORT  
2007



*Founder*  
*R. Brinkley Smithers*  
*1907-1994*

**THE CHRISTOPHER D. SMITHERS  
FOUNDATION, INC.**

**ANNUAL REPORT  
2007**

*A charitable foundation whose major interest  
is in the field of alcoholism*

**THE CHRISTOPHER D. SMITHERS  
FOUNDATION, INC.**

**DIRECTORS**

ADELE C. SMITHERS  
M. ELIZABETH BROTHERS  
CHRISTOPHER B. SMITHERS  
THOMAS D. CROCI  
THOMAS D.A. CROCI, ESQ.  
JOSEPH J. CALANDRA, M.D.

**OFFICERS**

ADELE C. SMITHERS ..... *President*  
M. ELIZABETH BROTHERS ..... *Vice President*  
THOMAS D. CROCI ..... *Vice President/Treasurer*  
CHRISTOPHER B. SMITHERS *Vice President/Secretary*

*We wish to acknowledge with sincere gratitude the  
contributions made to our work by the following  
specialists of the Foundation:*

Ernest P. Noble, Ph.D., M.D.  
*Research and Prevention Consultant*

Nicholas A. Pace, M.D.  
*Medical Consultant*

Albert B. Lowenfels, M.D.  
*International and General Medical Consultant*

Jo-Ann C. Croci, M.A.L.S., P.D.  
*Education Consultant*

P.O. Box 67  
Mill Neck, N.Y. 11765

Tel: (516) 676-0067 • Fax: (516) 676-0323  
E-Mail: [info@smithersfoundation.org](mailto:info@smithersfoundation.org)  
Website: [www.smithersfoundation.org](http://www.smithersfoundation.org)



## In Memoriam



**1937 – 2007**  
**Juliet Croci Tremamunno**

Juliet was devoted to Brinkley Smithers, The Christopher D. Smithers Foundation and her sister, Adele Smithers. Juliet joined the staff on a part-time, temporary basis in 1977 when the Foundation moved to Mill Neck, Long Island. She served as receptionist, performed secretarial duties, helped with the bookkeeping and accounting and was an all around Gal Friday. The temporary job lasted 30 years. She still worked at the Foundation until 2007. She died August 8, 2007. We will miss her.

## THE 55TH ANNUAL REPORT

### PRESIDENT'S REPORT

As in the past several years, our Foundation received a record number of requests for grants, as well as many, many requests for help and referrals for treatment for the individual and/or their loved ones.

We have been reporting for the last number of years our concern both nationally and internationally about the increase in drinking. There is an increase in drinking among the elderly. There have been reports of increases in binge drinking and there have been many, many reports on the age at which young people start drinking. It is now reported that children from age 9 up are drinking and there have been many cases of full-blown alcoholism at the age of 16. The drinking issue has really escalated to epidemic proportions.

During this past year, I was asked to attend the Global Forum on Youth and ICT (Internet Communications Technologies) for Development in Geneva, Switzerland. I also was asked to address their luncheon on the growing incidence of drinking among young people. This was very well attended and the youth who participated in these events were the ones who asked for the information and for discussion on ways to prevent the drinking escalation. Alcoholism and alcohol abuse have been declared by the World Health Organization to be the number one health threat in the world, and our Foundation continues to work on this very critical situation.

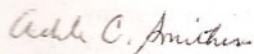
Our concern continues to be prevention through early education and, of course, treatment and training. We feel that training all those individuals who work in the medical field and in hospitals, particularly emergency wards, should be trained in the treatment of alcoholism. We continue to fund with emphasis on training physicians. We must have trained personnel who can deal with the problem of alcoholism.

Another major concern is the increase in the use and abuse of prescription drugs, particularly those that are being written for opioids and other addictive drugs being used to treat alcoholics.



The problem seems to grow, the stigma remains very high on alcoholism and the dollars for research and treatment have been very low. This is a very under funded field and there are very few funding sources available.

We will continue to work with most of our efforts going to prevention through early education. We also will work with organizations like the Boys & Girls Clubs. They stress the building of self-esteem and having young people make healthy life choices and turn away from the use of alcohol and drugs.



Adele C. Smithers  
President

## THE CHRISTOPHER D. SMITHERS FOUNDATION AWARDS RECEIVED

Over the years, Mrs. Adele C. Smithers, President of The Christopher D. Smithers Foundation, Officers of the Foundation and the Foundation itself have been honored with scores of national and international awards in recognition of their efforts to create public awareness of the disease of alcoholism.

### In 2007 the following awards were bestowed:

- Mrs. Smithers received the President's Volunteer Service Award from the President's Council on Service and Civic Participation. This Award recognizes volunteer service and signifies that she has served her community and her country with distinction. Through her volunteer efforts, she is demonstrating values that make our nation strong and is helping to build a culture of citizenship, service and responsibility in America.

- Mrs. Smithers was honored by the Boys & Girls Clubs of America at the second annual Jeremiah Milbank Society event on May 18, 2007. The goal of the Society is to honor the memory of Jeremiah Milbank and his dedication to the Boys & Girls Club of America as well as recognize those individuals who have committed to leadership gifts that support their local Clubs. Mr. R. Brinkley Smithers and Mr. Jeremiah Milbank worked together on the establishment of the "Smart Moves" program in the Boys & Girls Clubs throughout the country.

- The Thomas Hartman Foundation for Parkinson's Research, Inc. honored Adele Smithers with the Hartman Spirit Award at its Cure For Sure Dinner.

- Adele Smithers, along with Brian Cashman and Chien Ming Wang, received a Humanitarian Award from the Kips Bay Boys & Girls Club.

### 2006:

- In 2006 at its annual Angel Ball on the occasion of its 50th Anniversary, the Long Island Council on Alcoholism and Drug Dependence honored its Founder, the late R. Brinkley Smithers, as well as The Christopher D. Smithers Foundation.

- Cornell University's School of Industrial and Labor Relations presented its Jerome Alpern Distinguished Alumni Award to Adele C. Smithers.

- Adele Smithers received the 2006 International Humanitarian Service Award from the Gift of Life for her "tireless philanthropy for the benefit of mankind, specifically in the areas of alcoholism, drug dependency and with children who are in need of cardiac surgery."



#### 2005:

- Adele Smithers was invited to attend The White House Conference on the Nation's Youth. Mrs. Laura Bush then invited Adele to The White House Breakfast on Helping America's Youth. She and The Christopher D. Smithers Foundation were cited for their outstanding work.

- The Governors' spouses initiative, Leadership to Keep Children Alcohol Free Foundation, presented Adele Smithers with its first award in recognition of her commitment to our nation's youth.

- The Christopher D. Smithers Foundation and Adele Smithers were honored with the Gilbert Tilles Award at the 18th Annual Long Island Philanthropy Day Awards Luncheon.

- The New York College of Osteopathic Medicine and School of Health Professions, Behavioral and Life Sciences of New York Institute of Technology honored Adele Smithers with the Riland Medal for Public Service at the Osteopathic Medicine and Health Professions Convocation. The medal is awarded to individuals who have made significant contributions to the improvement of health care, medical research, health policy, osteopathic philosophy and community service.

#### 2004:

- Derek Jeter's Turn 2 Foundation presented Adele Smithers with its first "MVP Award" for "her unwavering commitment and support of the Turn 2 Foundation." The Turn 2 Foundation strives to create outlooks for today's youth to achieve academic excellence, develop leadership skills and remain drug and alcohol free.

- St. John's Riverside Hospital in Yonkers, New York, honored her with its Community Service Award "in recognition of her tireless work on behalf of those afflicted with alcoholism."

- The National Council on Alcoholism and Drug Dependence presented Adele Smithers with its prestigious "Gold Key" Award. This Award was established in 1959 to honor individuals who have made outstanding contributions to the field of alcoholism on a national level.

- The Freedom Institute honored Adele Smithers at its Benefit Dinner with the Mona Mansell Award. The award reads, "With deepest gratitude for your extraordinary contribution to the field of alcohol and drug dependence. You have left your mark."

- The Long Island Council on Alcoholism and Drug Dependence's Pioneer Award was presented to Adele Smithers in recognition of her many years of extraordinary service to the field of alcoholism and her devotion to the Long Island Council.

- Employment Program for Recovered Alcoholics first "Lamp of Knowledge Award"—"in grateful recognition of her dedication and commitment to EPRA's work and its mission."

- National Council on Alcoholism and Drug Dependence prestigious "Silver Key" was given to Mrs. Adele Smithers at its Conference of Affiliates Award Dinner. This is given to honor individuals who have made outstanding contributions in support of its work, mission and programs at the national level.

#### Some of the previous awards:

- The Pioneer Award of the International Council for Caring Communities at the United Nations was presented to Mrs. Adele Smithers and the Foundation.

- On National Philanthropy Day 2002 the Association of Fundraising Professionals cited Adele Smithers as one of New York's Finest Philanthropists.

- The Cenacle Sisters honored Adele Smithers with the first Maude Adams Award at The Ronkonkoma Cenacle 75th Anniversary Gala.

- Veritas Villa, Inc., presented Adele Smithers with an Award that read, "for her dedication and outstanding contributions in the field of chemical dependency...on behalf of the countless number of alcoholics and addicts and their families who have benefited from her tireless efforts and generosity."

- The Foundation was bestowed with two prestigious awards for design and content for its website—[www.smithersfoundation.org](http://www.smithersfoundation.org)—one of the first alcoholism related sites on the web: Golden Web Award presented by the International Association of Web Masters and Designers for originality in web page design. The second award was presented by the Graham Nash Foundation. Its independent committee reviews and accepts select websites with content that "contributes to the betterment of the world."

- A special award was presented to Mrs. Adele Smithers by the American Society of Addiction Medicine. The award read... "in recognition and gratitude for her personal endeavors to create a better public understanding of alcoholism as a treatable disease and for continuing the vision of her late husband, R. Brinkley Smithers."

- The Town of Oyster Bay, New York, named Mrs. Smithers "Humanitarian—Woman of Distinction."

- The Laura Parsons Pratt Award from the Federation of Protestant Welfare Agencies, New York, was presented to Adele Smithers.

- Spanning 50 years of dedication to the Grenville Baker Boys and Girls Club, Locust Valley, New York, the late R. Brinkley Smithers, the Foundation and Mrs. Adele



Smithers have received numerous awards from this organization.

- The Boys and Girls Club of America presented its National Service to Youth Award to Adele C. Smithers... "whose continuing concern and deep involvement have played an important part in the development of The Boys & Girls Club and its constructive activities and guidance for youth. Awarded for 18 years of devoted service."

- Adele Smithers was one of the first distinguished alumni inducted into the Washington Irving High School Hall of Achievement, New York City.

- She was presented with the Peter Fairclough Memorial Recognition Award from the Comprehensive Alcoholism Rehabilitation Program, Florida.

- Texas Rangers Baseball Club Recognition of Excellence presented to Adele Smithers and the Foundation "for their untiring efforts throughout the years. Our heartfelt thanks for their loyalty and friendship, which will long be remembered and appreciated."

- Adele Smithers was recipient of the first President's Award from the New York State Drinking Driver Program Directors Association.

- Adele Smithers received the Bowery Resident's Committee Human Services Corporation's Award.

A number of awards, citations and recognition have been presented by:

- Long Island Council on Alcoholism and Drug Dependence, Williston Park, New York; Detroit Affiliate of the National Council on Alcoholism and Drug Dependence, Detroit, MI; Family Service Association of Nassau County, Nassau County, NY; Veritas Villa, NY; Palm Beach Chapter of the Children's Home Society, Palm Beach, FL; Gratitude House, West Palm Beach, FL; Wayside House, Delray Beach, FL and the Boys & Girls Club of Tampa Bay, Tampa, FL.

## FOUNDATION GRANTS IN THE FIELD OF ALCOHOLISM

**Adelphi University**  
**Garden City, NY**

**\$50,000**

The grant monies received from the Smithers Foundation was utilized for the development of the alcohol prevention and intervention services for the under graduate population at Adelphi University and the creation of a plan for evaluation of programs and intervention effectiveness.

CHOICES: For the last two years, Adelphi has offered students generally considered "at-risk" for alcohol use and abuse the Choices prevention program. During the summers of 2006 and 2007 Adelphi offered every freshman attending freshman orientation Choices. Beginning in spring of 2007, Adelphi also invited athletes and members of sororities and fraternities to take part in the Choices program. The Choices prevention/education program is conducted in small groups of 10-15 students and is facilitated by either a clinical staff member from the Student Counseling Center or a peer counseling undergraduate facilitator. The one and a half hour interactive journaling program educates students on alcohol and the risks associated with its use.

To date, over 900 freshmen and the members of five fraternities and sororities and five athletic teams have completed the Choices program at Adelphi. Feedback on the program indicates that the students not only enjoy the program, but also find it to be valuable and instructional. They are hopeful that the 5 remaining Greek/social groups and 11 athletic teams will complete the Choices program during the spring 2008 semester.

To determine the efficacy of the Choices program, each student participating in the Choices program is asked to complete a pre-test prior to taking part in the program and a post-test upon completion. To date, evaluation of the first year Choices program has been completed and indicates the Choices program is successful in increasing student knowledge regarding alcohol abuse awareness. Students participating in the Choices program, on average increased their number of correct answers by 2.14 out of 11 factual questions. Of the 8 attitude and beliefs questions toward alcohol abuse and excessive drinking questions, all 8 questions reflected a percentage shift in reported beliefs regarding alcohol abuse after participation in the Choices program.

The statistical analyses of the Choices data are an ongoing process. As the program continues, the data will continue to be aggregated, analyzed and reported.



**BASICS:** The Brief Alcohol Screening and Intervention for College Students (BASICS) is the intervention program Adelphi has chosen to offer students who have been found in violation of Adelphi's alcohol policy. These students are referred to the Student Counseling Center where they take part in the two session BASICS alcohol intervention program. To date, over 80 students have started the BASICS program, with about half of them having already completed the program. Those students who are in the middle of the program will be able to complete the program during the spring 2008 semester.

Prior to starting the BASICS sessions, each student is asked to complete the e-Chug questionnaire, a 10-15 minute, evidence based, on-line alcohol intervention and personalized feedback tool that is also used as the pre-test for the BASICS program. The e-Chug, which is used in hundreds of colleges across the country, is aimed at motivating students to reduce their drinking tendencies by using personalized information about their own drinking (quantity, frequency and amount spent on alcohol), comparison to other students (norms comparison) and risk factors (personal family history and negative consequences of alcohol use). Following the completion of the second BASICS session, each student is asked to complete a post-test e-Chug to assess any changes in learning or behavior that may have occurred in their drinking habits as a result of the intervention.

As of the writing of this report, e-Chug pre and post-test data is being sorted through for entry into a database for statistical analysis. Results should be available by April 2008 for review.

**Grant Funds:** In combination with the SCC funds allotted for drug and alcohol counseling, the Smithers grant has enabled Adelphi to hire a full-time drug and alcohol counselor/grant coordinator to oversee the Choices and BASICS program and coordination of additional education/workshops for Adelphi students. In coordination with budget funds from the Student Counseling Center, the bulk of the Smithers' Grant funding is used for this person's salary and materials necessary to offer the BASICS and Choices program. Additional funds have been allotted to program evaluation through the nursing program at Adelphi.

#### **Alcoholism Council of New York**

**New York, NY**

**\$117,744**

This grant money was utilized to help the Alcoholism Council of New York fund a number of its programs—namely, the Physicians Alcoholism and Addiction Training Program, the golf tournament, which helped raise funds for all of the programs for the Council, general operating fund

and the Special Luncheon Award given to Mr. Scott Clark.

The PAAT program is of special significance. Mr. R. Brinkley Smithers, who was a Founder of ACNY, was also a great proponent of physician alcoholism training. The medical personnel who were trained in this program came from New York University Medical Center, Bellevue Hospital, Lenox Hill Hospital and Montefiore Medical Center. Additionally, special outreach efforts over the summer months were successful in bringing New York Presbyterian Hospital/Cornell back into the program.

The Smithers' PAAT Training Program is under the direction of Nicholas A. Pace, MD and in 2007 faculty was expanded to include Petros Levounis, MD, Director of the Addiction Institute of New York at St. Luke's and Roosevelt Hospitals. With him they were able to add to the program a session entitled "Medications and Addiction" considering the uses and misuses of prescription medications through a discussion of brain physiology and neurochemistry.

Also over the summer in 2007, PAAT cooperated with Alcoholics Anonymous World Services (the publishing arm of AA) on editing an update of an article about the program, which had previously appeared in AA's publication **Box 459**. The update appeared in AA's newsletter for professionals, *About AA*, Winter 2007, available online at [www.aa.org](http://www.aa.org).

Additionally in 2007, with support from PAAT, NYU began its own in-house alcoholism and other addictions training program modeled on PAAT in order to reach additional numbers of their resident physicians at NYU and Bellevue Hospital who could not otherwise attend PAAT.

ACNY said, "Looking ahead, PAAT expects to engage a large number of physicians in 2008. We will continue to work on program development including adding new or tailored items in response to feedback from participants, standardization of our various program elements, engagement of additional medical teaching centers and the support for similar program development at medical training centers both locally and beyond. We will also need to confront the increasing costs of some goods and services, and to look to expand our faculty with an eye to greater scheduling flexibility and possible future program leadership."

#### **American Society of Addiction Medicine**

**Chevy Chase, MD**

**\$12,500**

The grant monies were utilized to support the programs offered at the Society's 38th Annual Medical Scientific Conference held in Miami, Florida. This grant supported the Society's annual business breakfast for approximately



360 physician members. It also sponsored the Annual R. Brinkley Smithers Distinguished Scientist Award/Lecture attended by 700 physicians and other addiction caregivers.

### **Boys & Girls Clubs of Tampa Bay**

**Tampa, FL**

**\$75,000**

The focus of the grant received by The Christopher D. Smithers Foundation was used to implement and expand the SMART Moves Prevention Programs. The SMART Moves Program is the key element of the Boys & Girls Clubs of Tampa Bay overall youth development strategy. SMART Moves provides training to help youth understand the dangers associated with the use of alcohol, drugs and tobacco. In addition, the members of the Club are equipped with the tools and resiliency skills needed to overcome peer pressure to live healthy lifestyles.

**SMART Moves** uses age-specific modules that engage Club staff, parents, community members and older teen members in a team approach to prevention. Club members have participated in:

- **SMART Kids**, for children ages 6-9: Focuses on building self-esteem, positive social skills and to avoid drugs and other harmful influences.

- **Start SMART**, for preteens ages 10-12: Presents information and skills needed to resist pressures to get involved in alcohol, tobacco, other drugs and sexual activity. Group members analyze influences from the media and from peers; they also practice resisting peer pressure.

- **Stay SMART**, for teens ages 13-15: Provides information about alcohol, tobacco, other drugs and sexuality and develops skills to help teenagers make healthy choices. Teens practice problem-solving and decision-making, stress reduction techniques, and ways to resist peer and media pressures.

To enhance the SMART Moves Program in 2007, specialized, age and gender specific initiatives have been offered to high-risk youth, including:

- **SMART Girls** is a small-group health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls. Through dynamic sessions, highly participatory activities, field trips and mentoring opportunities with adult women, Club girls explore their own and societal attitudes and values as they build skills for eating right, staying physically fit, getting good health care and developing positive relationships with peers and adults.

- **Passport to Manhood** promotes and teaches responsibility in Club boys. Each Club member receives his own "passport" to underscore the notion that he is on a personal journey of maturation and growth. Passport to

Manhood represents a targeted effort to engage young boys in discussions activities that reinforce positive behavior.

In addition to these enhancements, the Boys & Girls Clubs of Tampa Bay has been recognized by the Boys & Girls Clubs of America for the prevention programs offered and has selected the organization to serve as the national pilot and best practices model for both SMART Moves and SMART Girls.

In 2007, 1,524 youth participated in SMART Moves Programs, with 1,280 (83%) completing at least one component. According to pre- and post-test data, 88% of participating youth showed increases in SMART Moves competencies. In addition, over 95% of youth surveyed reported no use of tobacco or alcohol. Overall, over 50% of registered members (3,300 out of 6,115 youth) participated in SMART Moves activities and special events.

In addition, the Smithers Foundation is the lead sponsor for the New York Yankee Luncheon that raises funds for the Tampa Bay Boys & Girls Club so that the above-mentioned programs can continue to flourish

### **Brown University**

**Providence, RI**

**\$5,000**

The grant monies from the Smithers Foundation were utilized to support the Center for Alcohol and Addiction Studies and to support the library archives dealing with the history of Alcoholics Anonymous and Marty Mann.

Overall there is a growing interest in all of the archival collections related to Alcoholics Anonymous and in particular the Mary Mann Archive, which was donated by the National Council on Alcoholism and Drug Dependence.

The grant was utilized in several ways:

First, for fellowships for scholars including graduate students at Brown and scholars from other universities to study the Marty Mann archive and to help us continue to catalogue that archive.

Second, the Foundation has supported the distribution of a new newsletter called the Center for Alcohol Studies Quarterly, which was launched by historians of AA including Ernest Kurtz and William White who remain active in advising us about the collections.

Third, we are offered new archival material for the collections frequently and some of your grant was used to explore the potential purchase of such materials, for example, early wire recordings made by Bill Wilson about his interaction with the early AA members including Marty Mann. It turns out that they currently have the opportunity to obtain all of the Wilson's talks in digital format and are exploring that possibility at this time. If we do obtain these it should illuminate Bill Wilson's early contacts with others



seeking sobriety, most prominently with Marty Mann the first woman to achieve sustained sobriety in Alcoholics Anonymous.

**Employment Program for  
Recovered Alcoholics, Inc.  
New York, NY**

**\$1,000**

This program continues to help people who are recovering from alcoholism and substance abuse successfully reenter the workforce and maintain sobriety.

In 2007 clients like those before them have:

- Evaluated their vocational readiness and potential
- Gained awareness of career options, the current job market, and training in education opportunities.
- Learn to manage stress and positive ways
- Become skilled with the tools necessary for a successful transition to employment.
- Maintained a successful re-entry into the workforce in a manner that enhances their overall recovery.

Sixty-four clients became employed with 70 percent placed in jobs paying about \$8.00 per hour and 50 percent were placed in jobs with benefits.

Statistics have shown that individuals who are working have less relapse than individuals who continue to be unemployed. Therefore, EPRA's mission continues to be paramount in assisting clients in their transition to employment.

**Betty Ford Center**

**Rancho Mirage, CA**

**\$5,000**

This Foundation grant was given in memory of President Gerald R. Ford and was utilized by the center to provide two scholarships to children who would have otherwise been unable to attend the Children's Program. This unique program offers children, ages 7 to 12, an opportunity to break the cycle of addiction to alcohol and other drugs through education. The Betty Ford Center's motto remains, *"No child will be turned away because of finances."*

**Glen Cove Boys & Girls Club  
at Lincoln House, Inc.**

**Glen Cove, NY**

**\$50,000**

This grant provided by the Smithers Foundation enabled the Club to continue its Capital Campaign improvements, as well as provide programming in Youth Employment and Youth Development strategies designed to improve the competencies of the participants.

In addition the Club provided the following youth development programs and services:

Power Hour – Homework help and tutorial services

Smart Moves – Alcohol and Drug prevention workshops

Smart Girls – Skills development workshops necessary for healthy lifestyles

Fine Arts

Social Recreation

Physical Education

Youth Employment Services

The Glen Cove Boys & Girls Club is an integral part of the Glen Cove community providing programs that help enhance the lives of the children of Glen Cove.

**Gratitude House,**

**West Palm Beach, FL**

**\$1,000**

Through the support of organizations in its community and the Smithers Foundation, Gratitude House can continue to offer help and hope to chemically dependent women in Palm Beach County. The \$1,000 funding assisted in covering the cost to operate its Relapse Prevention Program.

**Grenville Baker Boys & Girls Club,**

**Locust Valley, NY**

**\$50,000**

The Grenville Baker Boys & Girls Club received \$50,000 for the R. Brinkley Smithers Gymnasium. They currently serve more children from single-parent households, households where both parents work during the after school hours and where English is not the primary language spoken in the home. This growing and diverse population of children from a range of economic, social and family circumstances are going to the Club more often and staying longer. They are averaging almost 210 children each day and daily attendance frequently exceeds 300 children during peak program periods.

The Grenville Baker Boys & Girls Club gives young people a place to belong and a chance to learn and grow, but sometimes unhealthy lifestyles put them at risk for obesity and other health problems. Although many youth participate to some degree in sports and fitness activities, they are not always physically fit. The R. Brinkley Smithers Gymnasium provides a safe and fun place where almost 2,000 children have an opportunity to play sports and other recreational activities and maintain an active and healthy lifestyle.

In addition to the annual funding that the Smithers grant provides, the grant also helps the Grenville Baker Boys & Girls Club to continue its efforts with the SMART Moves program to help young people resist alcohol, tobacco and other drug use. Sessions were offered covering the following topics: Drug and Alcohol Awareness, Making Healthy Choices, Setting Goals, Making Responsible Decisions About Smoking, Drinking and Other Drugs, Conflict Resolution, Healthy Lifestyles and Short-Term Goal Setting.

These were accomplished through role-playing, activities,



challenges and lessons. As compared to the pre-test, the post-test indicated that members had an 85% increase of knowledge in the areas of resistance to alcohol, tobacco and other drugs as well as a better understanding of the effects of these substances, with the minimum increase being 11%. Members gained confidence and became comfortable with handling social situations through role-playing, skits, challenges and games.

**Hanley Center Foundation,**

**West Palm Beach, FL**

**\$1,250**

The \$1,250 grant received in 2007 from The Christopher D. Smithers Foundation went towards its 2007 Show Jumping Family Luncheon, which raised over \$150,000.

The proceeds of this event, helped support Hanley Center's Prevention programs which reach over 15,000 parents and children each year.

**Hazelden,**

**Center City, MN**

**\$10,000**

In 2007, The Christopher D. Smithers Foundation supported Hazelden's production of a VDV of the off-Broadway hit *Bill W. and Dr. Bob*. This absorbing, moving, often amusing and richly evocative play tells the story of the two men who pioneered Alcoholics Anonymous, Bill Wilson and Dr. Bob Smith, as well as the story of their wives, Lois Wilson and Anne Smith, who founded Al-Anon. It is the great American story of two men who, alone, were going to die, but who together not only found a way to live, but also created a program for healing that has spread throughout the world.

Following are several quotes from viewers of the play:

"The miraculous story, beautifully told, of the men who named the disease and created the cure." Martin Sheen, actor and activist

"This is a remarkable performance that is sure to contribute to the destigmatization of the disease." U.S. Congressman Patrick Kennedy

"A must see!" Adele Smithers, The Christopher D. Smithers Foundation, Inc.

"The play is not only entertaining, it is a powerful portrayal of the start of one of the most remarkable events of all time—the birth of AA!" Robert Lindsey, president National Council on Alcoholism and Drug Dependence, Inc.

"This play brilliantly and truthfully captures this astonishing history, the relationship that led to the founding of AA." Chris Lawford, author of *Symptoms of Withdrawal*

More than 3,000 copies of the DVD were made and are available for purchase at Hazelden's online bookstore: [www.hazelden.org](http://www.hazelden.org).

As a result of the Smithers Foundation support, 2017

copies of the DVD have been distributed to people and organizations in all 50 states and several foreign countries. They plan to print additional DVDs so they can meet the continuing demand.

**Kips Bay Boys & Girls Club, Inc.,**

**Bronx, NY**

**\$10,000**

The following is a report on how the Club utilized the funds from the Smithers Foundation:

**Program:** In 2007 Kips Bay Boys & Girls Club continued our long-time approach of delivering a significant portion of our substance abuse prevention activities in three teen clubs and a pre-teen club. The clubs are called: *Beyond the Court*, *Sister Soldiers*, *League of Extraordinary Gentlemen*, and *United Girls for Life*. In recent years the last three of these clubs have also been called respectively: *Staying Smart*, *Passport to Manhood and Smart Girls*. The names changed because they have participants vote on what they want to call themselves at the start of each activity. The name selection begins and fortifies the process of taking responsibility for the content each club will Address. *Beyond the Court* includes 15 14- to 16-year-old boys. *Sister Soldiers* enrolls 50 13- to 17-year-old girls in three 14-week cycles per year. *League of Extraordinary Gentlemen* is an ongoing open-admission activity that enrolls 35 13- to 18-year-old young men per year. *United Girls* enrolls 50 10- to 12-year-old girls in four 12-week cycles per year.

Activities and topics that were provided/addressed in the substance abuse sessions for Club member included: types of illegal drugs, their effects and symptoms; alcohol and nicotine, the legal drugs; treatments for substance abuse; getting help for oneself and others; gang involvement—a doorway to drugs; speakers from drug treatment programs and the police department; and college visits—a taste of the future without alcohol and drugs. We think it of the utmost importance that we develop and maintain a culture in Kips Bay which says that staying away from drugs is smart and "cool."

Substance abuse education is also addressed in the Summer Youth Employment Program which includes a required 21 hours of educational content. With speakers provided by Urban Health Plan, each SYEP participant receives a three-hour session which covered legal, medical, social and employment problems associated with alcohol and drug use. Since 2005 the number of SYEP teens receiving drug and alcohol and drug use education increased from 352 to 887 due to the addition of a large number of SYEP slots at our newly acquired direct service site at the Community Center of the Castle Hill Houses project.



Besides the specific drug education activities there is amore global way to address the issue. That is to create and maintain—throughout Kips Bay's 20 service sites enrolling 14,000 youngsters annually—a positive and vital environment, infused with confidence in the future, where drug and alcohol use is not a desired or acceptable option. This is the objective at Kips Bay Boys & Girls Club, every day. One example is our highly popular Karaoke Night in the Teen Center. It is one thing to "preach" against drugs and alcohol and it is necessary. But it is important to provide enjoyable social drug-free activities without any "editorials."

In our large membership we do become aware of teens that come to the Clubhouse high. Currently we have four teens on our "watch list" at the Palmaro Clubhouse. We work with them one-on-one, often informally. We don't communicate condemnation; we do convey non-acceptance of alcohol and drugs, and that they are still welcome.

Some important success stories from the past year would be the six formerly incarcerated youths, currently in a NYS Office of Children and Family Services after-care program, who attend Kips Bay three days a week in a structured program as a part of that after-care. All are doing well; all are drug and alcohol free; all seem to have made a paradigm shift in their life goals.

**Evaluation:** The existence of drug use among club members, if any, and the level of such is a matter of constant assessment by the professional staff. If we see any evidence that may suggest drug use, we will act on that evidence immediately. In recent years we have occasional evidence that there is an issue among our members. While the problems were relatively rare and dealt with, they serve to remind us that vigilance is always necessary.

We think also that the state of our lead civic and leadership activities, the aforementioned teen and pre-teen Clubs, are a good barometer of most members' attitudes towards use of dangerous and/or illegal substances. Thriving leadership clubs whose members are recognized role models, bode well for healthy lifestyles among club members generally. This seems to be an obvious extension of a principle that we utilize in drug/alcohol prevention: that what one's peers are doing is critical and carries great weight, for good or ill. In this regard we are happy to report that our leadership groups are healthy and robust.

**Definition of Success:** Having said that the trained and experienced eyes of youth development professionals gives us much of our evaluation basis, the key point is simply to respond immediately and appropriate when we must. We do our best to do that. By success we do not mean a total absence of substance abuse problems. Not with a

membership that has grown by 157 percent since 1996 and now exceeds 14,000. Rather, the correct standard is that we do respond if the need arises. The Christopher D. Smithers Foundation's support helps insure success by further encouraging us to focus on an issue that would be of prime importance in any case.

**Substance Abuse Prevention and the Boys & Girls Club Environment:** Several years ago we became aware of a thoughtful article titled, "Drugs, Lies and Half-Truths." By Elizabeth Armstrong, staff writer of The Christian Science Monitor, which appeared in the September 30, 2003 edition. In the article Ms. Armstrong wrestles with the often-observed fact that our society equivocates on drug use. "Drugs are bad, except when they are good...is it any wonder kids get confused?" writes Ms. Armstrong. Indeed.

With more kids that ever being prescribed legal mood-altering drugs like Ritalin, Armstrong argues, some experts worry that the message they may be picking up is: Drugs are supposed to make you feel better or look better, or perform better. What are youngsters to think when baseball's homerun king is almost universally assumed to have boosted his performance with steroids? Perhaps most depressing—we had not known this—Ms. Armstrong reports the government's own study reveals that kids heavily exposed to the "anti-drug" MTV-like ad spots were actually more likely to experiment with illegal drugs and alcohol!

### **Leadership to Keep Children**

#### **Alcohol Free Foundation,**

#### **Spring Valley, OH**

**\$10,000**

This foundation is composed of 60 current and former governors' spouses from all across the United States. Its non-partisan membership makes it uniquely qualified to help move the national conversation around childhood drinking to a higher level and broader audience. It promotes science based environmental strategies to achieve its objectives.

**Vision:** To educate all levels of society so that they may work together to keep children from drinking alcohol.

**Mission:** Support the efforts of the Governors' spouses in their states and nationally, to prevent and reduce childhood drinking, especially among youth, 9-15 year olds.

**Goal:** Increase the perception of harm and social disapproval of childhood drinking.

**Why is this important?** Childhood drinking is unhealthy, unsafe and unacceptable. On the average day in the United States, nearly 8,000 children ages 12 to 17 begin to drink. High School students who use alcohol or other drugs frequently are up to 5 times more likely than other students to drop out of school. Over 40% of those who start



to drink before age 15 will become alcohol dependent sometime in their lives. New research explains why alcohol has a powerful attraction to adolescents with unpredictable and potentially devastating results. Underage drinking has serious social and economic costs and often-tragic personal consequences. Collaborative efforts have been shown to make a big difference in the lives of children.

### **Long Island Council**

**on Alcoholism & Drug Dependence,  
Williston Park, NY**

**\$45,000**

In 2007 LICADD, with the financial support of The Christopher D. Smithers Foundation, Inc., was able to provide effective support services to families and individuals seeking assistance with alcohol related problems. LICADD delivered education, assessment, referral and family intervention services.

The Christopher D. Smithers Foundation has provided critical financial resources for LICADD's alcohol and drug abuse education and prevention services. The Foundation contributed \$30,000 to the 2007 Angel Ball, \$15,000 to the 2007 R. Brinkley Smithers Invitational and \$500 to the 2007 Peter Sweisgood Breakfast.

With these resources, LICADD provided the following services to the Long Island community:

- Family and workplace planned interventions
- Evaluations and referral services for adolescents and the adult population
- *Footprints for Life Prevention Program* in the primary schools
- Educational seminars and presentation in the high schools
- Community Education
- Employee and Union Assistance Services

### **National Council on Alcoholism and Drug Dependence**

**New York, NY**

**\$47,300**

In 2007, NCADD received a total of \$47,300 from The Christopher D. Smithers Foundation and the funds supported the following:

- Office Relocation: \$10,000. Relocation of the NCADD Office from 22 Cortland Street will save NCADD more than \$800,00 over 8 years.

- Spring Luncheon: \$17,300. As with all Spring Luncheon income, NCADD and ACNY, its New York City Affiliate, split the costs/proceeds. The funds were used to support NCADD general operating expenses.

- Bill W. and Dr. Bob – The Play: \$10,000. This is a story of the founding of Alcoholics Anonymous. The play was presented throughout the country via many of the affiliates.

The Foundation was a Platinum sponsor of NCADD Night at the Theater to support NCADD general operating expenses.

- R. Brinkley Smithers Award: \$10,000. Presented to Martha B. Baker and donated to NCADD at her request in support of general operating expenses.

Through the work done with this grant, NCADD and its Affiliates were able to provide information and referral services to more than 672,000 people seeking help for themselves, family members, friends and loved ones. This number was a 68% increase from the previous year.

### **NCADD Maryland,**

**Baltimore, MD**

**\$1,000**

The Smithers Foundation gave a donation to the 2007 NCADD-Maryland – T.O.P. (Treatment Opportunities through Placement) Luncheon, which serves as its largest fundraising event. The Luncheon is an excellent opportunity to engage and educate members of the State and local business communities on the devastating affects alcoholism and drug dependence has on Maryland's citizens, the State economy and of the work NCADD-MD is doing to reduce barriers to accessing effective treatment in the State.

On September 26, 2007 over 225 business leaders from across the State gathered at Baltimore's M&T Bank Stadium to hear the keynote speaker, Mr. Billy Packer. In addition, guests heard a presentation from Mr. Dick Prodey, a local expert, on the impact of alcoholism and drug addiction in the workplace. In the spirit of education and information sharing, NCADD-MD provided a resource table of "take-away" materials on addiction treatment and recovery.

### **National Council on Alcoholism**

**and Drug Dependence Tampa Bay,  
Tampa, FL**

**\$13,000**

The Christopher D. Smithers Foundation helped to sponsor two major events of NCADD Tampa. The annual fashion show raised funds to help NCADD Tampa further their efforts in reducing the stigma of alcoholism and other drug dependencies through prevention, education and advocacy.

One of the prevention programs that is sponsored by the affiliate is called SNAP (Seeing Necessary Alternatives Photographically).

### **North Shore Boys & Girls Club, Inc.**

**Glen Head, NY**

**\$6,000**

This grant helped to serve over 2,500 girls and boys. The Club now offers over 30 programs for young people ages 5



through 18 years of age.

The Smithers grant supported the following programs:

- **Sports and Activities Development Program**

- The **"Beyond the Bell"** after school program, which provides a relaxed, friendly and safe atmosphere during the critical 3 p.m. to 6 p.m. hours Monday through Friday.

- **Summer Camp Program** offered to youth in grades K-9, Monday through Friday 8:30 a.m. to 3:30 p.m. with extended care services offered from 3:30 p.m. to 6:00 p.m.

- **Cultural Arts Programs – the Artist Café** and our trademark **Rock Lobster – Live Band Shows** which offer unique opportunities for teens to showcase their talents.

- The **Canteen Drop-In Lounge**, open every Friday evening from 7 p.m. to 11 p.m. for teens in 8th, 9th and 10th grade.

- **Move Nights**, offered one Saturday every month serving 45 boys and girls in 4th and 5th grade.

- **Torch Club and Smart Moves**, interactive programs that promote a positive self identity, social, emotional and cultural competence, a commitment to community and civic involvement, a focus on health and well being and a moral compass.

#### **North Shore LIJ Glen Cove Hospital**

**Glen Cove, NY**

**\$50,000**

This grant completed a \$250,000 pledge made by the Foundation towards the Emergency Department at Glen Cove Hospital. The Emergency Room is generally the first port of call for an alcoholic who is in distress. The care given is of great significance for the alcoholics' ability to learn about his or her disease and should provide information and incentive for the alcoholic to achieve a sound recovery.

#### **St. Christopher's Inn,**

**Garrison, NY**

**\$3,000**

"St. Christopher's Inn, a ministry of the Franciscan Friars of the Atonement, is a temporary homeless shelter dedicated to the rehabilitation of men in crisis whom they call "Brothers Christopher." Their mission is to offer a continuum of quality health care services that facilitate physical, emotional and spiritual healing by providing Chemical Dependency Treatment, Primary Health Care and temporary housing. They strive to restore the personal dignity of each individual by utilizing a holistic approach in all their programs. No one is ever turned away because of race, religion or the ability to pay."

For the year ended December 31, 2007, 885 men were admitted to St. Christopher's Inn and given food, temporary shelter and medical services. In addition, the Inn provided over 37,000 units of service in its OASAS licensed alcohol

and substance abuse program. The financial support from The Christopher D. Smithers Foundation helped defray the cost of \$606,000 of scholarships to those individuals unable to pay for treatment services.

#### **Saint Joseph School**

**Hilo, HI**

**\$1,000**

This grant was given to St. Joseph's so that they could provide an alcohol free, safe graduation all-night party for their students.

The graduates were transported by luxury bus from the graduation event and were accommodated by a local hotel in a large banquet space where they were chaperoned by parents and school staff until the following morning. They were served two meals and had other light refreshments available throughout the night. Dancing was available at various times during the evening and games were played for prizes. Parents or other family members picked up the graduates the next morning and drove them home. The graduates were not permitted to drive upon pickup.

#### **Turn 2 Foundation, Inc.**

**New York, NY**

**\$125,000**

This past year marked the 12th year of our Foundation's affiliation with the Turn 2 Foundation.

Derek Jeter established the Turn 2 Foundation in 1996. A lifelong dream of his, the Foundation was formed as a mechanism for giving back to the various communities that are a part of Derek's life including West Michigan, Tampa, Florida and New York City. Since its launch, the Turn 2 Foundation has awarded more than \$8.5 million in grants to create and support signature programs and activities that motivate young people to turn away from drugs and alcohol and "TURN 2" healthy lifestyles. Through these ventures, the Foundation strives to create outlets that promote academic excellence, leadership development and positive behavior.

Turn 2 is managed by the Jeter family with Derek himself in a hands-on role as President. In addition to contributing his own funds, Derek hosts his annual Derek Jeter Celebrity Golf Classic in Tampa, Florida and the Turn 2 Foundation Dinner in New York City to raise capital needed to successfully continue his many signature programs including: Jeter's Leaders, Turn 2 Us Healthy Lifestyles, Turn 2 After School, Turn 2 Baseball Clinics, Proud to Be Me, Turn 2 Smart Moves, Turn 2 Staying Smart at the Bay, Holiday Kidfest and the Turn 2 Endowed Scholarships. Recently, Derek donated \$1 million to launch the Derek Jeter Academy at Phoenix House in Tampa, Florida, a residential high school for troubled teens combining



education and intensive substance abuse treatment. All Turn 2 programs build upon its vision and goal of helping today's youth become the leaders of tomorrow.

In addition to the above-mentioned programs, the Jeter Foundation has established ongoing working relationships with the Hillsborough Education Foundation, St. Peter Clover Catholic School. It has also sponsored the first annual Tampa Baseball Clinic, Girls on the Run, Tampa, Florida, New York Jeter's Leaders, New Jersey College Visitations and Jury Duty Appreciation Day in New York.

Over the past four years, the Jeter Foundation has contributed \$75,000 to NCADD Tampa to help reduce the stigma of alcoholism and drug dependency.

### **University of California,**

**Los Angeles, CA**

**\$25,000**

Below listed are some of the accomplishments UCLA Alcohol Research Center has made:

It is well known that cognitive ability as measured by intelligence quotient (IQ) results from the separate contributions of environmental and hereditary factors. With respect to factors, socio-economic status (SES), as measured by a child's parental income and education, has a strong impact on the child's IQ. Specifically, it has been shown that the higher the parental SES, the higher the child's IQ; and, contrariwise, the lower the parental SES, the lower the child's IQ.

There is a good body of evidence, derived from twin and adoptive studies, which supports a high heritability of IQ. However, it is currently unknown as to the specific gene or genes that are associated with IQ.

There is impressive evidence for the involvement of the dopaminergic system in human cognition. Dopamine is prevalent in brain regions closely associated with the prefrontal cortex and regulates several domains of cognitive functioning. Since cognitive ability is highly dependent on dopaminergic mechanisms, dopaminergic genes are plausible candidates in the study of the heritability of cognition.

In the present study, the involvement of the D2 dopamine receptor (DRD2) gene in IQ was ascertained in children of alcoholics in Caucasian, Hispanic and African-American descent.

These children were administered the Wechsler Intelligence Scale for Children, and their IQs were obtained. Genotypes were obtained for two variants of the DRD2 gene: the TaqI A (A1A1, A1A2, and A2A2 genotypes) and C957T (TT, TC and CC genotypes). The results showed that carriers of the A1+ genotype (A1A1 or A1A2) in the Caucasian and Hispanic groups and carriers of the T+

genotype (TT or TC) in the African-American group, genotypes linked to reduce number of brain D2 dopamine receptors, had significantly higher IQ when compared to carriers of the A1- genotype (A2A2) and the T- genotype (CC), respectively. These findings remained strong even after controlling for relevant environmental factors.

Previous studies have shown the DRD2 TaqI A A1+ genotype and T+ genotype to be associated with alcohol and other drug dependence. The present study found that these same genotypes are associated with reinforcement of learning and higher IQ. In sum, whereas these genotypes are associated with the negative consequences of alcoholism and other drug dependence, paradoxically, carriers of these genotypes are associated with the positive consequences of higher IQ. This study will be published in the American Journal of Medical Genetics.

In the next study, we wanted to determine whether there are genetic and non-genetic predictors of alcohol and other drug (AOD) use in adolescent children of alcoholics. The genetic predictors studied included several hypodopaminergic genotypes (DRD2 and DRD4 genes and genes for the dopamine transporter, catechol-O-methyl transferase and GABA). The non-genetic predictors studied included personality traits, visuo-spatial ability, depressive symptoms and environmental factors. Using recursive partitioning (RP), a type of decision tree analysis, the best predictors of AOD use were made among the above genetic and non-genetic variables. The results showed that the presence of 3.5 or more hypodopaminergic genotypes, regardless of a specific genotype, was the best predictor of AOD use in males. Negative life events was the best predictor in females. In males and females, personality traits contributed to AOD use as well.

This study establishes a link between multiple hypodopaminergic genotypes and AOD use in males but not in females. This finding leads to the hypothesis that a hypodopaminergic syndrome contributes to the development of AOD use in males; whereas in females, the environment is the salient predictor. The results suggest that by using risk profiles, it is possible to identify in male and female adolescents those that are at high risk for developing AOD use disorders. This study will be published in Archives of General Psychiatry.

The genetic research conducted at UCLA was presented at two scientific meetings. At the 2007 American Psychological Association meeting held in San Francisco, two presentations were made. The first was entitled, "Predictors of drug use severity in adolescent children of alcoholics." This was essentially the finding described above. Conference reviewers of this abstract considered it a



"hot paper" and the presentation received significant attention. The second presentation, also made at that meeting, was entitled, "Personality traits, stress, depression and genotype in children of alcoholics." In this study, we found that Eysenck's personality traits and risk markers for AOD abuse (depression and stress) were moderated by DRD2 genotype and gender. Additionally, significant differences in the expression and relationships among Eysenck's personality traits were found between our sample of COAs and a normative sample of adolescents. Our third presentation was made at the 2007 American College of Neuropsychopharmacology meeting in Boca Raton, Florida. The paper was entitled, "Effects of acute ethanol on cerebral glucose metabolism: Influence of the DRD2 allele." In this imaging study, we found that acute ethanol administration to normal subjects who carried the A1+ genotype resulted in enhanced activation of brain reward or pleasure areas. However, in subjects who did not carry this genotype, diminished activation of brain reward areas was found. These findings are consistent with A1+ genotype participants receiving more positive reinforcement after alcohol ingestion than those without this genotype. This could explain why previous studies have found a strong association of the A1+ genotype with alcoholism.

#### **The University of Oklahoma**

**Norman, OK**

**\$10,000**

The funds provided by The Christopher D. Smithers Foundation, Inc. supported a presentation on Alcohol Abuse and Prevention on the agenda of the VII InfoPoverty World Conference at the United Nations. In addition, the grant supported the Delegates Luncheon meeting where UN delegates and world leaders gathered to informally discuss the furtherance of the InfoPoverty goals, including Alcohol Abuse and Prevention.

These activities set the stage for scaling up Alcohol Abuse and Prevention on the world agenda. Subsequent activities can focus on developing the strategy and planned actions resulting in the elevated stature and recognition of Alcohol Abuse and Prevention related to issues affecting the health of nations and peoples around the globe.

#### **Veritas Villa Foundation, Inc.,**

**Kerhonkson, NY**

**\$1,500**

A donation was given to Veritas Villa to make it possible for them to continue providing needed services and to its scholarship fund for individuals who do not have any insurance. This helps them to start a new way of life towards sobriety.

## **FOUNDATION'S OFFICERS**

**Adele C. Smithers**, President of The Christopher D. Smithers Foundation has devoted herself to the field of alcoholism since joining the National Council on Alcoholism in 1960. Mrs. Smithers is an activist for creating greater understanding of alcoholism as a respectable and treatable disease from which individuals can and do recover.

Outspoken when necessary, always compassionate and always a fierce advocate for the cause, she has been dubbed "the real godmother of the new style of philanthropy" ("muscular style") by **The New York Times** for her precedent setting work on behalf of charitable donors. Mrs. Smithers has also been dubbed the "godmother" of research, education, prevention and recovery in the alcohol abuse and dependence fields.

She is past chair of the Board of the National Council on Alcoholism and Drug Dependence, founding Chairman Emeritus of NCADD Tampa; Chairman of the Alcoholism Council of New York and Vice Chair of the Long Island Council on Alcoholism and Drug Dependence; member of the Board of Directors of the Employment Program for Recovered Alcoholics (EPRA), North Shore Boys & Girls Club, the William Edwin Hall Foundation, Tucson, AZ; Council Member of the Federation of Protestant Welfare Agencies, Vice President of the National Board of The National Institute of Social Services, NY; Trustee of Portledge School, Locust Valley, NY and was a Director of the Family Service Association of Nassau County for eleven years. In November of 2001, Mrs. Smithers was elected to serve a three-year term as Honorary Director of Recovery Resources, Cleveland, OH.

She is a member of the Board of Overseers of the Grenville Baker Boys & Girls Club, Locust Valley, NY; Founding Member of the Palm Beach Guild for the Children's Home Society in West Palm Beach, FL; member of the Advisory Board of Gratitude House, West Palm Beach, FL; Patron of the Peggy Adams Animal Rescue League of the Palm Beaches and a member of the Board of the Humane Society of New York.

Additionally, she has worked and supported the innovative Parkinson's Disease Program at the New York College of Osteopathic Medicine of New York Institute of Technology and in 1998 the Adele Smithers Parkinson's Disease Treatment Center was named in her honor. She was also recognized by The Nassau County Chapter of The American Parkinson Disease Association for her contributions.

In 2007 Mrs. Adele C. Smithers was invited to be a



member of the Biltmore Who's Who. She is an Honored Lifetime Member.

She served in the United States Air Force from 1951-1954 attaining the rank of Staff Sergeant.

Over the years Mrs. Adele C. Smithers has made many personal contributions in the field of alcoholism and to other than alcohol related charities, which are not included in any of the grants made by The Christopher D. Smithers Foundation.

**Mr. Thomas D. Croci**, Vice President and Treasurer, was elected a member of the Foundation's Board in June 1994. He is a graduate of The University of Montana and has an M.S. degree in Guidance and Counseling, Long Island University; a P.D., Long Island University in Administration and Supervision and is a graduate of the Rutgers University Summer School of Alcohol Studies.

He has served as a health teacher at Connetquot School District; Assistant Athletic Director, Connetquot School District; Assistant Principal, Connetquot High School; Assistant Principal, Cherokee Elementary School; and Principal, Edith L. Slocum Elementary School. He was a founding member of the Advisory Board for the Employees Assistance Program in the Connetquot School District.

Mr. Croci served on the Executive Dinner Committee for Derek Jeter's Annual Turn 2 Foundation Dinner and the Committee for the Physicians Alcoholism Treatment and Training Program for the Alcoholism Council of New York. He also serves as secretary for the Long Island Council on Alcoholism and Drug Dependence and was honored by LICADD at its Angel Ball in 2077. He received the Founders Award, names so in Honor of R. Brinkley Smithers.

In 2006 The Connetquot Foundation for the Advancement of Children honored Tom for his dedication to the Connetquot community and school district. He was also awarded the Edward Krepela Award as Citizen of the Year by the Bohemia Fire Department.

**Ms. M. Elizabeth Brothers**, Vice President of The Christopher D. Smithers Foundation, also serves on the Board of the Warren and August Hume Foundation. She is also Co-Chairman of the Financial Luncheon Group and Vice President of the Central Florida Chapter of the American Association of Individual Investors, both of which are dedicated to increasing financial literacy, as well as a member of the Development Committee of the University Club of Winter Park. She is the Club's first woman member and the first woman to be elected as its President.

After holding senior development positions at Mount Holyoke College and Rollins College, Ms. Brothers became a planned giving consultant. She is the recipient of many awards for professional accomplishment and volunteer service, including the Brakeley Award for Creative Fund Raising, the National Society of Fund Raising Executives' Outstanding Professional Fund Raiser of the Year Award, the University Club of Winter Park's Community Service Award, the William Fremont Blackman Medal from Rollins College and the Cam Lusk Award from Club #1066 of Toastmasters International. A graduate of Vassar College, she is also an honorary member of the Mount Holyoke College Alumnae Association and an honorary alumna of Rollins College.

**Mr. Christopher B. Smithers** is Vice President and Secretary of the Foundation. He was elected a member of the Foundation's Board in May 1987. He is a member of the Executive Committee of the R Brinkley Smithers Institute for Alcohol-Related Workplace Studies, ILR School at Cornell University. Mrs. Smithers is a Board member of the Grenville Baker Boys & Girls Club and a Board member of the Glen Cove Boys & Girls Club.

In 1994 he was elected a member of the Nassau County Chapter of the American Red Cross and a member of the Board of Governors of The National Arts Club. He also served on the Junior Committee for the Humane Society of New York's major fundraising event.

In 1994 he coordinated an innovative alcoholism and substance abuse education program, using Readers' Theater Workshops to teach students about alcoholism and substance abuse, which was a collaboration of The National Arts Club and the Alcoholism Council of New York.

In 1995 Mr. Smithers' work on this project, as well as on other programs of the Arts Club, was specially recognized and he received The National Arts Club President's Medal Award.

Mr. Smithers was appointed a member of the Advisory Board of The Christopher B. Smithers Chemical Dependence Education & Training Center at CARP (Comprehensive Alcoholism Rehabilitation Program, Inc.), West Palm Beach, Florida in 1997, and is also a member of the Advisory Board of CARP's Board of Directors.

**Joseph J Calandra, MD**, Director was elected as a member of the Foundation's Board in April 2001. He received his Bachelor of Science degree summa cum laude from the State University of New York at Albany and a Medical Doctor degree from New York Medical College.



He is a founding member of South Carolina Sports Medicine and Orthopedic Center in Charleston, South Carolina. He served on the Board of the Trident Independence Physicians Association for five years, two of which he served as President.

Dr. Calandra received his board certification in orthopedics in 1992 and was recertified by the American board of Orthopedic Surgeons in 2001. He has extensive experience treating patients who have been injured while under the influence of alcohol and is quite familiar with the medical consequences of alcoholism and related diseases. Currently, Dr. Calandra has started a new consulting company, Performance Consultants, LLC.

He is actively teaching both medical students and orthopedic residents at the Medical University of South Carolina as an Assistant Clinical Professor in the Department of Orthopedic Surgery. He is serving as a Board member of the Charleston Metro Sports Council. Dr. Calandra continues to be involved in the care of many professional and collegiate athletes in the Charleston community.

Dr. Calandra is a member of the Board of the Charleston Ride for Hope, an organization that raises money for cancer patients.

**Thomas D. A. Croci**, Director, was elected a member of the Foundation's Board of Directors in June 1996. Tom received his Bachelor of Science from the James Madison University, and a Juris Doctor from the New York Law School. He is admitted to practice law in the State of New York.

As early as 1992, Tom has been active in creating programs to address binge drinking at the college level and writing about the dangers of alcohol abuse and Alcoholism in the legal profession.

Tom has interned for the New York County District Attorney's Office, Office of Special Narcotics, been a Special Assistant in the United States House of Representatives to the Honorable Rick Lazio and most recently completed eight years of active duty service in the United States Navy. Tom has deployed to the Arabian Gulf and Afghanistan and holds a commission as a Lieutenant commander in the U.S. Naval Reserve.

In August 2007, Tom received a Presidential Appointment to serve as Director, Strategy and Resources on the Homeland Security Council at the White House.

*CONDENSED  
FINANCIAL  
STATEMENT  
FOLLOWS*

**THE CHRISTOPHER D. SMITHERS  
FOUNDATION, INC.**

**CONDENSED STATEMENT  
OF FINANCIAL POSITION**

**As of December 31, 2007**

**ASSETS**

Cash	\$89,194
Accrued Interest and Other Receivables	253,388
Prepaid Excise Tax	3,033
Securities at Market	1,182,668
Donations Received in Trust – FMV	816,522
Property and Equipment – FMV	<u>7,200,672</u>
Total Assets	<u>\$9,545,478</u>

**LIABILITIES AND NET ASSETS**

Liabilities	
Accrued Payroll Taxes	2,529
Accrued State Filing Fee	790
Credit Card Payable	85
Deferred Excise Tax	<u>95,880</u>
Total Liabilities	99,284
Net Assets	
Unrestricted	8,377,357
Temporarily Restricted	<u>1,068,837</u>
Total Net Assets	<u>\$9,446,194</u>
Total Liabilities and Net Assets	<u>\$9,545,478</u>

This statement of accountability has been condensed from financial statements audited by the independent Certified Public Accounting firm of Gerry Gevirtz, CPA, Mount Sinai, NY.

**THE CHRISTOPHER D. SMITHERS  
FOUNDATION, INC.**

**CONDENSED STATEMENT  
OF ACTIVITIES**

**For the Year 2007**

**INCOME:**

Public Support and Bequests	\$182,476
Gain and Sale of Securities	129,825
Net Income from Investments	132,666
Sales of Publications	37
Unrealized Loss on Investments	(45,525)
Total Income	<u>\$399,478</u>

**EXPENSES:**

General and Administrative	366,328
Program Expenses	25,584
	<u>391,912</u>

Available for Grants & Awards and Foundation Projects	7,566
Contributions and Grants	769,394
Foundation Project	<u>7,912</u>
Total	<u>777,306</u>

Excess of Expenses Over Income (769,740)

Net Assets, January 1, 2006 10,190,116

Assets Released from Restriction	41,680
Net Decrease in FMV Temporarily Restricted Net Assets	(12,682)
Prior Period Adjustment	<u>(3,179)</u>

Net Assets, December 31, 2006 \$10,190,116

This statement of accountability has been condensed from financial statements audited by the independent Certified Public Accounting firm of Gerry Gevirtz, CPA, Mount Sinai, NY.



# **SCHEDULE OF CONTRIBUTIONS, GRANTS, AND SPECIAL PROJECTS**

**Year Ended December 31, 2007**

## **1. Foundation's Own Project**

Information & assistance to organizations in the field of alcoholism	\$7,912
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## **2. Contributions and Grants in the Field of Alcoholism:**

Adelphi University	50,000
Alcoholism Council of New York	117,744
American Society of Addiction Medicine	12,500
Boys & Girls Clubs of Tampa Bay	75,000
Brown University Center for Alcoholism	5,000
Employment Program for Recovered Alcoholics, Inc.	1,000
Betty Ford Center, The	5,000
Glen Cove Boys & Girls Club at Lincoln House	50,000
Gratitude House	1,000
Grenville Baker Boys and Girls Club	50,000
Hanley Center Foundation	1,250
Hazelden Foundation NY	10,000
Kips Bay Boys & Girls Club	10,000
Leadership to Keep Children Alcohol Free	10,000
Long Island Council on Alcohol & Drug Dependence, Inc.	45,000
National Council on Alcoholism & Drug Dependence	47,300
National Council on Alcoholism & Drug Dependence Maryland	1,000
National Council on Alcoholism & Drug Dependence Tampa, Inc	13,000
North Shore Boys & Girls Club	6,000
North Shore-Long Island Jewish Health System Foundation	50,000
Regents, University of California	25,000
Saint Christopher's Inn - Graymoor	3,000
Saint Joseph School	1,000
Turn 2 Foundation Inc, The	125,000
University of Oklahoma	10,000
Veritas Villa Foundation, Inc.	1,500

**Total Contributions and  
Grants in the Field of Alcoholism**

**726,294**

## **3. Contributions and Grants for Religious, Education, Medical, and Social Purposes:**

Association of Fundraising Professionals	\$100
Boys & Girls Clubs of Oyster Bay-East Norwich	3,000
Bronx Chamber of Commerce	2,500
DeBartolo Family Foundation	1,500
Eglevsky Ballet	600
Falcon Pride Association, Inc. (Locust Valley, NY High School)	21,000
Gift of Life, Inc.	2,850
Johnson Institute, The	2,000
Locust Valley Fire Department	100
North Shore Child & Family Guidance Center	700
OCCAM Observatory for Cultural & Audio Communication	5,000
Suffolk County Police Athletic League	500
The Darryl Strawberry Foundation	3,000
WNET New York	250

**Total Contributions and Grants**

**for Religious, Educational,**

**Medical, and Social Purposes:**

**43,100**

**Total Contributions and Grants**

**769,394**

**Total Contributions, Grants and**

**Foundation's Own Projects**

**\$777,306**

**CHRISTOPHER D. SMITHERS  
FOUNDATION, INC.  
SCHEDULE OF UNRESTRICTED SUPPORT  
Year Ended December 31, 2007**

The Foundation received donations and gifts in 2007 of \$182,459 as follows:

**I. Donations received with special dedications:**

**In Memory of R. Brinkley Smithers:**

Mrs. Adele C. Smithers .....	\$157,439
Ms. M. Elizabeth Brothers .....	1,345
Mr. James Gott .....	300
Mr. & Mrs. Michael Mesawich .....	250
Ms. Camille L. Hansen .....	100
Mr. & Mrs. Gary Maccio .....	100
Mr. & Mrs. Thomas P. Anello .....	75
Mr. & Mrs. Saverio Tremamunno .....	50

**In Honor of Adele C. Smithers**

Joseph J. Calandra, MD .....	1,500
Mr. & Mrs. Joseph Calandra .....	1,300
Mr. & Mrs. Anthony Barton .....	1,000
Mr. & Mrs. Thomas D. Croci .....	550
Mr. Harold Hathaway .....	350
Mr. Thomas D.A. Croci .....	250
Mr. John F. Dennehy, Jr. ....	250
Ms. Sondra Baer .....	100
Ms. Camille L. Hansen .....	100
Mr. & Mrs. Gary Maccio .....	100
Ms. Grazyna H. Pietkun .....	100
Mr. & Mrs. Edward Christensen .....	75
Mr. & Mrs. William Willis .....	75
Mr. & Mrs. Thomas P. Anello .....	50
Mr. & Mrs. William Basdavanos .....	50
Mr. & Mrs. Gregory M. Inzerillo .....	50
Mr. & Mrs. Robert Bertelli .....	25

**In Memory R. Brinkley Smithers &**

**Honor of Adele C. Smithers:**

Mr. & Mrs. Amiel Brinkley, Jr. ....	100
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**In Honor of Thomas Croci:**

Mr. & Mrs. Joseph Calandra .....	200
Mr. & Mrs. Michael Mesawich .....	100

**In Memory of Constance Bracco**

**& Juliet Tremamunno:**

Maureen O'Donnell .....	400
NCADD Phoenix AZ .....	300
Charlotte Niezner .....	300
NCADD Pace University .....	200
Charlotte J. Cloud .....	100

Miss Eleanor J. Greenan .....	100
Ileana Van der Linde .....	100
Jean Martino .....	50

**In Memory of Constance Bracco:**

Mrs. Adele C. Smithers .....	1,000
Hirshleifer's, Inc. ....	500
Mr. & Mrs. Joseph Calandra .....	100
Mr. & Mrs. Frank Colandro .....	100
Mr. & Mrs. Thomas D. Croci .....	100
Mr. & Mrs. Robert Bertelli .....	50
Mr. & Mrs. Gregory M. Inzerillo .....	50
Mr. & Mrs. Gary Maccio .....	25

**In Memory of Kathryn Clark:**

Mrs. Adele C. Smithers .....	250
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**In Memory of Steven Donohoe:**

Maureen O'Donnell .....	200
J.S. Plumbing & Heating .....	150
Degen Family .....	100
Roxinia Laffitte .....	100
Sunrise to Sunset .....	100
Joanne O'Connell .....	50
Gail Winsor .....	50
Mr. & Mrs. John Zaluski .....	50
Mr. & Mrs. Michael Tuths .....	25

**In Memory of Christain & Mary Hansen:**

Ms. Camille L. Hansen .....	100
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**In Memory of Juliet Tremamunno:**

Mrs. Adele C. Smithers .....	5,000
LICADD .....	1,000
Hirshleifer's, Inc. ....	500
Mr. Christopher B. Smithers .....	307
Mr. Thomas D.A. Croci .....	250
Stacia Murphy .....	250
Dr. S. J. Ruden .....	250
Mr. & Mrs. Joseph Calandra .....	200
Joseph J. Calandra, MD .....	200
Mr. & Mrs. William Basdavanos .....	100
Mr. & Mrs. Frank Colandro .....	100
Mr. Anthony F. D'Alessandro .....	100
Mr. & Mrs. Alfred Devendorf .....	100
Mr. & Mrs. Anthony Lucchese .....	100
Mr. & Mrs. Gary Maccio .....	100
Med Station, PC .....	100
Parisi & Leonick, LLP .....	100
Ms. Grazyna H. Pietkun .....	100
Mr. & Mrs. Vincent Sombrotto .....	100
Trois Jours Boutique .....	100



Mr. & Mrs. Michael Carney .....	75
Mr. & Mrs. Robert Bertelli .....	50
Educational & Institutional Coop Services .....	50
Claire Graves .....	50
Ms. Camille L. Hansen .....	50
Mr. & Mrs. Gregory M. Inzerillo .....	50
Ana & Kristine Maleski .....	50
Mr. & Mrs. Arthur Reginio .....	50
Maryjane Hope .....	25
Mr. Anthony Lucchese .....	25
Vincenza Silva .....	25

## II. General Donations:

Mr. & Mrs. Carlos Woodward .....	500
Mr. Anthony Donarummo .....	450
Dr. Albert B. Lowenfels .....	250
Mr. & Mrs. John Rupp .....	250
Mr. Anthony F. D'Alessandro .....	219
Toby Cohn .....	200
Mr. & Mrs. Florence Bracco & Smithtown Winter Track .....	100
Mr. & Mrs. Walter Rooney .....	100
Mr. & Mrs. Gary Sweet .....	100
Ethel Woolverton .....	100
<b>Total Contributions and Gifts .....</b>	<b>\$182,459</b>

During 2007, the Officers and Directors of the Foundation provided various services to and on its behalf for which they were not compensated. The value of such services has not been calculated and is not included in the above schedule.

Publications on various aspects of alcoholism  
are available at a very reasonable cost.

For a list of pamphlets, please call The  
Christopher D. Smithers Foundation  
at 1-516-676-0067

or  
email at [info@smithersfoundation.org](mailto:info@smithersfoundation.org)





**THE  
CHRISTOPHER D. SMITHERS FOUNDATION, INC.**

P.O. Box 67  
Mill Neck, N.Y. 11765

Tel: (516) 676-0067 • Fax: (516) 676-0323  
E-Mail: [info@smithersfoundation.org](mailto:info@smithersfoundation.org)  
Website: [www.smithersfoundation.org](http://www.smithersfoundation.org)